



milton keynes

university of the third age



November
2019



Open Meeting

Meetings start at 2.30pm and are held at the Oak Tree Centre, Wallinger Drive, Shenley Brook End, Milton Keynes, MK5 7GZ. There is car parking on site, and bus routes 8, 24 & 25 stop on adjacent grid roads.

Moments, Memories and Magic- Vic Bottrill

27 November

Do you forget other people's names? Find yourself in one part of the house and wonder why you are there. Put it down to age. Forget it. It happens to young and old alike – but not to everyone. Some mysteries of the brain are revealed. It's truly magic.

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New Members Induction Session

18 November 2019

The next session will be on Monday 18 November, starting at 2pm, and will be held in the Great Linford Parish Office meeting room, next to the Co-op in the Great Linford local centre at 1 St Leger Court, MK14 5HA.

The session will outline the background to the U3A movement, explain how to get the best out of your membership with MKU3A, and show you how to use the website and join groups. If you are a new member - just come along – any queries to Claire Naismith on membersec@mku3a.org or 07425 620167.

Creative Cartoons Short Course

During the Summer, Derek Mynard, one of our members, ran a Creative Cartoons short course.

A gifted cartoonist himself, he kindly volunteered to pass on some of his vast knowledge to MKU3A members.

The course was run from Derek's own studio and ran for several weeks. Complete beginners, the members were taught by Derek week by week and each week they were encouraged to come up with ideas and put pen to paper!

The feedback from the members was extremely positive and I quote

“What can I say, other than, creative cartooning sounded an interesting opportunity but I had no idea what to

expect. I can't draw and I'm certainly not clever with words. But Derek was fascinating, such a talent and by the end of the course I was tracing, colouring and transferring to the computer. I'd had an introduction to Copic pens and papers. All new to me but the short course felt like a real achievement. Big thank you to Derek."

The members thoroughly enjoyed the course and as you can see from the pictures went from complete beginners to quite accomplished cartoonists!

I attended the very beginning of the course and also at the end and the difference in the members' abilities was very impressive!

Many thanks Derek!

Shirley Dewar, Groups Co-ordinator



MICK & TOMMY - PLACES WITH RUDE NAMES



Computer Group

At our October 10th meeting we undertook a review of our current membership levels and linked this with a need to encourage an increase in the spread of interests in the field of computing.

Historically we have tended to concentrate on the world of Microsoft, and related software programs (ranging upwards to 'Windows 10'), browsing the internet, and security systems and associated hardware.

As the world of computers is ever-expanding, not only for 'Windows', but also into alternative apparatus and systems, such as Apple and Android, we are sure that many U3A members are interested in learning more and would like to join our newly structured group.

We are not a group of 'Computer Geeks', but rather a group membership learning from each other. Members thereby increasing their own knowledge as well as increasing their ability to understand, and use, their newly-gained expertise.

We will be covering reviews to include not only Microsoft, but also Macintosh/Apple and Android devices, including all forms of 'computers' from



Desktops, Laptops, Tablets, Notebooks Smartphones, to Smart TVs, etc. We will also cover things like switching from the old Windows OS (Windows 7) to alternate OS (like Linux). This is a hot topic as the OS for Windows 7 will NOT be supported from January 2020.

Meetings will continue to meet twice a month, still on the second and fourth Thursdays of each month, at the Age UK headquarters, No 1 Chadds Lane, Peartree Bridge, from 10am until noon, with an adjusted attendance fee of £2.50 per meeting and a max of £15 for a quarter, payable in advance.

All new enthusiasts will be welcome. Come and enjoy participating in our reviews and discussions with fellow members, and learn how to get the best out of your computers safely, and in protecting yourself from unwanted attacks from 'scammers', 'hackers' and the like.

Please give our leaders Marlis Rodio and Sandy Henry an email if you would like to join us at computers@mku3a.org. You will be most welcome, and can learn a lot. We have at least 4 places free. An opportunity not to be missed.

Gardening & Environment



The Gardening and Environment group is looking for new members!!

The Group meets on the 2nd Wednesday of the month in Emerson Valley at 2pm for a full programme of speakers/visits and DVDs. The Group is purely educational – not “hands on”!!

For more information contact Mike Jenner, the Group Leader, preferably via email - gardenening2@mku3a.org

Third Birthday For Exploring World Faiths Group



Calling group members from the last three years!

As we start our 4th year, you are most welcome to join us for a birthday lunch at the Prince George pub, Tattenhoe, on the **1st January**.

I am not asking anyone to open a place of worship for our January meeting as it happens to be a Bank Holiday. Anyone wishing to join the group? You are most welcome to join us.

We visit a different place of worship monthly, on the first Wednesday afternoon.

Places are limited for our meal so please contact the group leader to reserve a seat. The usual menu and Christmas menu will both be available that day. Linda is on email ewf@mku3a.org

Linda Morris, Exploring World Faiths Group

Spanish Beginners!!

Ayuda! Ayuda!

Established, enthusiastic SPANISH BEGINNERS GROUP needs a new Teacher/ Group leader.

Anybody, who knows more than us, please consider applying!!

We currently meet once a fortnight, at the Kingston Centre, on Monday afternoons but we are flexible.

If you can help, we would love to hear from you, please contact Maria Bourne on email spanishbeg@mku3a.org

Our Cooking Holiday in Tuscany



My wife and I have just enjoyed a wonderful holiday in Tuscany, Italy at La Mezzaluna. We purchased a cooking and wine tasting seven-day break.

The hospitality of our hosts was as good as, if not better, than we have ever experienced previously. From being collected at Pisa Airport for the three and a quarter drive north to Barga, to coffee, tea and wine always available, outings each day and four full cooking periods during our stay of about four hours each.

With good weather we were able to eat dinners outside each evening. Lunches were taken at restaurants with all costs included in the original fee paid. Our visits included trips to Pisa for the Leaning Tower and to Lucca, local medieval towns and hamlets as well as visits to a vineyard and a cheese making farm both of which provided exceptional lunches with wine.

The cooking tuition consisted of authentic-style Italian recipes which included making pasta dishes, creating

pizza's and sauces of our own as well significant fish dishes which included giant prawns, octopus, and squid as well as several different fishes.

All nine of us participants were fully involved in these sessions. The other participants were from the USA, Canada, Ireland, England and India yet we all got on like a house on fire. The atmosphere throughout our stay was brilliant.

The accommodation too was of a high standard and nothing was too much trouble for our hosts who were constantly available. They even arranged an Italian lesson for us on one afternoon.

The views across to the mountains were outstanding and the scenery as we travelled about was stunning.

My 600 plus photographs show just how much there was to see and record.

One evening after dinner we had a short karaoke session where I ventured to share my singing voice for the only time I ever have as an adult, and with some success.

My wife and I have executed some of the dishes we learnt using the recipes given to us during our stay with moderate success so far but we are determined to keep developing our skills of Italian cuisine. We would certainly enjoy this holiday all over again.

Tony & Barbara Usher



Still TAP-ing!

The Third Age Players (known as TAP) have been performing uninterrupted for the over 25 years. Starting in 1997 by Pip Parry, a local writer, TAP launched itself with readings and simple monologues and duos at U3A events and taking part in the MK Festival.

Numbers were increased when very experienced local actors became eligible for U3A membership so gradually, TAP became more ambitious and with the assistance of other local writers, the productions became short plays and eventually full-length plays performed in local theatres.

Finding material for a mature cast presents special problems. For the past few years we have had the luck to perform the work of local writers (also U3A members) who had written their plays bearing in mind the special problems of the group – some cast no longer able to learn huge scripts or leap about the stage and the lack of men! So we have embraced gender changing early.

Our last production – The Raven Conspiracy written and directed by Tashika Cecchetti - was a light-hearted look at why there are ravens in the Tower and also included much of the Tower's gory history. The cast had the chance to be royalty, Beefeaters, ghosts, mystics or, yes, ravens.

Play acting keeps our memory active and the social contact is wonderful. We have worked with other U3A groups in MK, especially photography, and thank the general membership for their support by coming to see us.

We are working on our next venture and long may this continue and we would happily welcome new members. Contact leader Barbara Baker via email: tap@mku3a.org

Ukulele Success at Thames Valley U3A



Some time ago it was suggested that the Thames Valley region should run some workshops, and Andy and Greig from Aylesbury were invited to arrange one for ukulele groups.

After much discussion this was arranged for last Tuesday and the eight of us duly made our way to Benson. We

were met with the organising committee and representatives from High Wycombe, Bicester, Bourne End, Chess Valley, Wokingham, and Aylesbury Vale.

Introductions over we sat and enjoyed the performances of the first three groups. As part of the workshop each group had to perform a 20-minute set. This was followed by a break and we then had a short tutorial on technique and playing in the George Formby style. It was then the turn of two more groups to keep us awake before lunch.

We were served a great buffet to get us refreshed for the afternoon.

After lunch we had the opportunity to practice what we had seen in the morning tutorial, along with further strumming techniques.

Then it was our turn. It had dawned on us that we were heavily outnumbered, with some of the other groups bringing what seemed like an army of up to 20 or so strummers, so it was with some trepidation we made our way to the stage.

We quickly settled into our warm-up routine and introduced ourselves to the gathered masses. It also appeared at that time that we needed a nice name for our group. Whilst Cannon Fodder and Even Cannon Balls in reference to our meeting place have been suggested, the jury is still out and any suggestions would be gratefully received.

Back to our performance, our confidence grew through Banks of the Ohio and Blowing in the Wind, and all too soon our set of 7 numbers was over. With much clapping and cheering we made our way back to our seats relieved that our second gig had completed without mishap.

The final group then took to the stage complete with bass, drums and kazoos! I naively thought this was a ukulele festival!

Following another break it was time for the grand jam. We had been provided with 10 numbers to perform en masse, and we rattled through the likes of You are my Sunshine and Sloop John B before finishing off with Wild Rover.

All in all it was a successful day and every group was given a great deal of encouragement throughout their performances. There might even be a suggestion to repeat it next year.

So all that was left was to battle with stoppages on the M40, gridlock in Bicester and rush hour in MK before arriving home tired but content.

Ronald Spalding

Community Keep-Fit Has Reopened!

MKU3A Community Fitness has been closed for 7 months due to a lack of instructor but Julie is back with us providing an energetic hour of aerobic exercise but tailored to members' abilities and suitable for both sexes!

The sessions are held on Fridays between 9.30-10.30am on a pay as you go basis and are followed by a restorative cup of tea/coffee or cold drink for those who would like to stay and recover!

Mats are provided but members need suitable clothing and footwear and a bottle of water!

If you would like more information – just give me an email at communitykeep-fit@mku3a.org

Shirley Dewar, Group Leader



Wine Appreciation Group

Brian Hundy, who started this Group about 25 years ago, is standing down as Group Leader at the end of the year, handing over to Chris Forster.

We were one of the first U3As (if not the 1st) to have a wine group and now it is very common.

Over this period the Group has tasted about 1200 bottles of wine from 24 Countries made from at least 70 different grape varieties. When the Group started a reasonably good wine cost about £4 but now the equivalent would be, at least, £8-10.

Generally the Group samples everyday wines but have continued to try more expensive ones up to about £20 a bottle. Although this seems a lot, most wines covered in the Magazine 'DECANTER' are about £50+ . Some people have a lot more money than us!



Fair and Frank from MP

Our Current Affairs Group meets on the fourth Friday of the month in the Olney Centre and has been active for ten years or so.



We usually decide topics to be discussed on the day and as chosen by the attendees. These are both wide-ranging and interesting. No subject is rejected and we have no rules other than to listen and learn from one another.

Usually, we have no need to invite anyone to join us for we have a range of expertise and opinions amongst us.

Though non-political, on 27th Sept. we changed our usual format and invited the Rt. Hon. Mark Lancaster our local MP to join us. Mark, as you will know, is also Minister of State for the Armed Forces. Due to the then situation in parliament, we wondered if he would find time but he did.

I am pleased to report questions raised were both challenging and pertinent. Afterwards, we reflected upon his visit. I leave a Facebook comment by one member, to sum up our thoughts.

Today at our discussion group, we were able to ask questions of our Member of Parliament Mark Lancaster. The idea was that he would answer questions on local issues. We were also able to talk about national events and government policy. It was a fair and frank exchange of views with everyone listening when someone else was taking and framing their questions in a fair and non-confrontational way.

How unlike the discussions in Parliament in recent days.

We thank Mark for meeting us and trust he found the experience as interesting and stimulating as we did.

David Harding Group Leader

Christmas Concert by the Brandenburg Singers

Tuesday, 3rd December 2019 at 2.00 pm

St James Church, Sussex Gardens, Paddington, London W2 3UD

Your Christmas celebrations start here. Our concert, including popular carols, Christmas music, audience participation and seasonal readings, will send you home singing.

Mulled wine and mince pies will be served in the interval and there will be an address on an item of interest.

Bob Porter, Musical Director of the Brandenburg Singers, studied at the Guildhall School of Music and has worked with every major professional orchestra in London.

He is a Freeman of the City of London and is passionate about Choral Music, cricket, red wine and jazz.

The Brandenburg Choir is a rich and experienced group of musicians, drawn from choral societies, gospel choirs, cappella ensembles and chamber singers.

St James Church is the second building on the present site. The foundation stone of the present building was laid in 1882 by Princess Christian of Schleswig-Holstein.

Two years later, Oscar Wilde married Constance Lloyd in the completed church.

During the second world war St James suffered considerable damage and it was reopened in 1958 by the Duchess of Kent.

The present organ is one of the finest in any parish church.

The church is within walking distance of Paddington Main Line and Tube stations

The concert will begin at 2:00 pm and will finish at approximately 4:15 pm.

Tickets are £19.50 to include the concert, mulled wine and mince pies.



Please make cheques payable to U3A Thames Valley Network and send with the slip below to:

Paul Booker, 1 Bear Lane, Wallingford OX10 8DR

For further information call 01491 825864 / 07906 308480. paul.i.booker@gmail.com

Name Phone Number

Email

Please reserve me..... tickets. I enclose a cheque for £.....

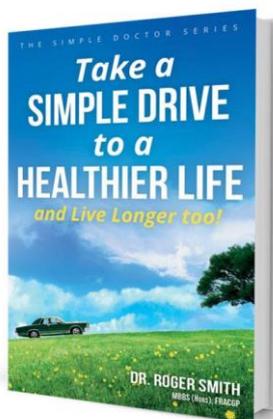
I / we are all members of U3A

Signed Date

If you require a receipt please include a SAE, otherwise an acknowledgement will be sent by email. Please bring your receipt / email to the concert as an admission ticket.

Free Health Book From Australian Doc

I am a family doctor in Australia who has self-published a **free simple e book on personal health** titled - **Take a Simple Drive to a Healthier Life.**



It is part humorous with a simple message. It is an easy read.

The aim is to make the book's **free** availability known to all your local U3A members. It was received favourably by many Australian U3As so I thought that it would be worthwhile going international.

If you think that it may help your members improve their health and understanding of some basic health issues, please pass the information on to them.

I stress that I receive NO return for any free downloads of the ebook.

Having sold enough physical copies to more or less break even, I decided last year to make the ebook version free for all - **available FREE via**

the books app (orange icon) on iPhone / imac / ipad

Amazon for kindle on UK site

a simple download from my health website - thesimpledoctor.info

Veterans Affairs in Australia and Diabetes Vic have been very positive about the book. I have received favourable responses from many Australian U3As. It seems that the older generation really do appreciate their health and want to maintain it as best they can.

I hope that you take the time to have a look at the book. Hopefully, you will agree with Vets and Diabetes Vic and then inform all your members about its easy and free availability.

Dr Roger Smith

MK U3A - OPEN MEETINGS 2020

22 JANUARY – Traversa: A Solo Walk Across Africa – Fran Sandham

Serialised in the Sunday Times, this is the account of Fran Sandham's 3,000-mile solo walk coast to coast across Africa (from the Atlantic on Namibia's Skeleton Coast to the Indian Ocean at Zanzibar), the first time in history anyone has crossed Africa solo entirely on foot by this route – or at least solo apart from a disastrous donkey.

26 FEBRUARY – A sense of everyday life in ancient Rome – Eleanor Betts

Some of us will be familiar with Eleanor Betts, author, lecturer and BBC presenter of 'What did the Ancients do for us?' Today Eleanor will be our guide to an ancient Rome that many never hear about:

The roar of the crowd, the smell of cooked sausages, the taste of wine... What was it like to experience everyday life in ancient Rome? This talk will encourage us to imagine we are walking in the footsteps of Rome's urban populace. Combining description with archaeological evidence, Eleanor will aim to recreate a fully sensory experience of the hustle and bustle of the city in the first century CE.

25 MARCH – ANNUAL GENERAL MEETING

22 APRIL – The Plague Doctor - David Bell

Described by other U3A members as side splittingly funny, David Bell makes no apology for his tongue-in-cheek recounting of the Eyam plague story. For a fascinating hour you will be seduced in a uniquely amusing fashion into a world where both medical diagnosis and treatment were equally outrageous. A world you would want to avoid . . . like the plague.

Laugh out loud as David confronts a party of German tourists; wince as he extracts a bladder stone and demonstrates other outrageous early treatments.

27 MAY – Funny Fellas – the lives and work of Ronnie Barker & Ronnie Corbett – Tricia Thompson

This fun talk looks at the lives and careers of Ronnie Barker & Ronnie Corbett both separately together. It is richly illustrated with music and video.

24 JUNE – 'Bowel cancer awareness talk' – Kathryn Vizor

During the talk we will learn important facts about bowel cancer. The talk will cover:

- Signs and symptoms – learn about the five most common symptoms
- Risk factors – discover what increases your risk
- Prevention – get information on how to reduce your risk
- Bowel cancer screening – learn about the NHS bowel screening programme and the importance of taking part

22 JULY – Photography as Art - Karen Thurmanovich

Karen will explore how movements in the photographic world mirrored movements in the art world in general, especially starting in the 1920s. This will be followed by a discussion about photography as art and the role that photographic art plays in social change.

23 SEPTEMBER –Dogs for Good – Yasmin Smith

Following her hugely successful insights into the work of *Dogs for Good* in 2019, we catch up with the sterling work of Yasmin and her dog Suki, one year on...

28 OCTOBER – National Energy Foundation - Emma Brooks

Keep Warm MK has joined forces with the National Energy Foundation, a charity committed to improving energy use in buildings. Our speakers will discuss the latest range of energy and money saving measures including extra support for those who need it most during a power cut or loss of gas supply.

25 NOVEMBER – The Voice of the 20th Century – The life and music of Frank Sinatra - Tricia Thompson

This biographical talk about the life and music of Frank Sinatra follows his career from its earliest days until his death. Illustrated with lots of songs.



Open Meeting - IT Help Desk

There is normally an opportunity both before and after the Open Meetings to seek assistance with IT problems and using the MK U3A website, including setting up your login and password and updating your personal profile.

When available it's offered before the meeting from 2:00pm and after the meeting until 4:15pm but please check the Open Meeting confirmation email to confirm it will be available on the day.

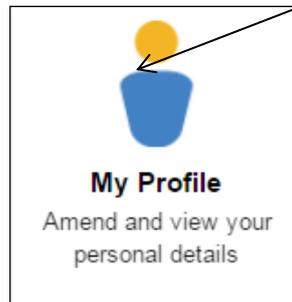
Free Wi-Fi is available at the venue.

MK U3A - Making Changes to your Personal Details

1. Open the MK U3A website (mku3a.org)
2. Login to the site. (If you haven't set your login password yet please see the instructions on the LOGIN page.)
3. Once you are logged in 'click' on the Control Panel icon top right of screen



4. This will open a page showing the following icon. 'Click' on the icon



5. You will now open a page showing your personal profile. This is where you can change your contact details and add an emergency contact. **This is extremely important in cases of accident or emergency.** Make any changes necessary and 'click' **Save Changes** top or bottom right of profile screen.



6. You now have two options – Returning to the Website or to Logout. Top right of screen. Select the appropriate icon.



Christmas Craft Temptations

Bletchley Evening WI is looking forward to our Christmas Craft evening on **5th December**. We hope to make up to four Christmas items to take home - and will have had fun however they come out!

Our first meeting in **January, on 9th**, will have a talk on the 'Wor of a Deputy Lord Lieutenant'.

From **February** we revert to our usual meeting day of the **first Thursday** in the month with a talk on Local History.

We ask for £4 from visitors to cover costs. You will be welcomed by a group of friendly ladies.

We meet at St Andrews Church, St Andrews Road, Bletchley on the first Thursday of the month (except January) at 7.30pm.



Looking Forward to Christmas 'Gloria in Excelsis Deo'

Thank you to everyone who attended "The Big Sing" held on Saturday 12th October at 7.30pm in the Parish Church, Newport Pagnell, in aid of Willen Hospice.

The audience was smaller than usual due, perhaps, to too many clashing events but it was a very good concert with a great variety of music from both Newport Singers and the U3A choirs sung separately and also jointly.

We are now rehearsing in earnest for our Christmas concert "Gloria in Excelsis Deo", which will be held on Friday 13th December at the United Reformed Church in Newport Pagnell at 7.30pm.

Tickets, priced at £10, will include seasonal refreshments and can be obtained nearer the time from Jennifer on 01908 613088 Or Janice on 07762 178379.

Proceeds will be split between two charities: Harry's rainbow, a charity which supports bereaved children and their families in the Milton Keynes area, and Keech Hospice Care.

Hope you can make it to this event in aid of such worthy causes.

Sheila Staincliffe, Joint group leader

Grafton Murder Mystery Dinner!

A dinner with a medieval Yuletide setting will take place on **Friday December 6th** at 7pm in Grafton Regis Village Hall and I hope that you or some of your members may come along to spot the baddie and win a prize! Come in costume if you wish!

The cost is £20 per head for entertainment and food. For further details and to book, please contact Kathy on 0791 009 2132 or email keith.harry@btinternet.com. All profits go towards the maintenance of the Church and the Village Hall.

For those who don't know the village, we're a very small community in south Northamptonshire with an amazing history. There's some information on our past at www.grafton-regis.co.uk.



Keith Harry, Grafton Regis Historians

Milton Keynes Chorale

'Hidden Italy'

16th November 2019

at St Mary and St Giles Church

Stony Stratford

MK Chorale's next concert in November offers a programme of Italian music of the baroque era, with a special focus on women in music, under the title Hidden Italy.

Alongside the music, the Chorale is joined by members of The Play's The Thing theatre company, to present readings that offer insights into the position of women in culture and society in 17th and 18th century Italy, including a first-hand account of the women and girls who performed in the orphanages of Venice.

All but one of the five choral pieces have their origins in Venice. Monteverdi's *Beatus Vir* and *Cantate Domino* were written when he was Master of Music at St Mark's.

Vivaldi's *Magnificat* was written for and first performed by the female musicians of the Ospedale della Pietà, a Venetian orphanage where girls were taught to sing and play to the highest standards.

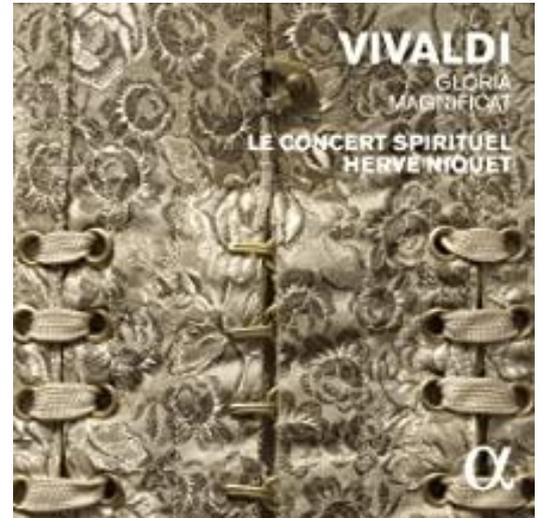
Venice was also home to Barbara Strozzi, whose *Silentio Nocivo* is an affecting song of uncertain love.

Our fifth piece, *Isabella Leonarda's Magnificat*, is from the pen of a nun in the convent of Sant'Orsola in Novara; she wrote about 200 pieces for her fellow nuns.

We are accompanied by members of the Adderbury Ensemble, who will perform trio sonatas by Archangelo Corelli.

Come along to St Mary and St Giles Church, Stony Stratford on Saturday, November 16th, at 7.30pm for a very special evening.

Tickets can be bought via www.mkchorale.org.uk, from members of the choir or by contacting Ruth on 07894 665025



Two more events from MK Chorale follow in December and January, at St Mary and St Giles Church, Stony Stratford

Christmas with the Chorale - Saturday 21 December, 5pm

Our ever-popular concert of readings, seasonal music and carols for choir and audience. A perfect opportunity to get into the Christmas spirit, with mulled wine and mince pies available after the concert.

Come and Sing: Excerpts from Carmina Burana - Saturday 25 January 2020, 10am to 4pm

This popular choral work (think 'Old Spice' or 'X-Factor') contains more than just that famous bit! Join us for a Come and Sing Day to learn more of this dramatic and exciting music. Scores and refreshments (including cake) will be provided and an informal sing-through, to which family and friends are welcome, finishes the day.

Why Not Simply Swing



Simply Swing is a 10-piece band, that takes the audience from 1939 right through to modern day both musically and visually with the aid of projection.

The show features live performed music from such greats as Glenn Miller, Benny Goodman, Frank Sinatra, Peggy Lee, Bobby Darin even a little Michael Buble to name a few. Not to

be missed!

The Stantonbury Theatre, Milton Keynes, Saturday 18th January 2020 at 7.30pm.

Richard Alcock, Owner - EJB Promotions, seetheshow.co.uk, Tel: 07748 345647



Lakeside Gentle Yoga



Great Linford, The View MK14 5AH

Mondays 9.30-10.30am

6 Week Term 11 Nov - 16 Dec

£6 per class term book/ £8 drop in

'If you don't take care of this, the most magnificent machine that you will ever be given....where are you going to live' K. Calabrese

Improve flexibility & balance, build muscle strength, maintain your nervous system, boost immunity, release tension, regulate your adrenal glands & RELAX with mindful yoga, connecting breath and movement.

Yoga accessible to all, variations are offered for all poses but healthily challenging too. Small supportive group. Equipment provided.

Contact Karen to book a space at karenmnoon@gmail.com or 07989 024390 or online....

www.karennoonyoga.wordpress.com

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- Still places open for the current yoga group at the same place for November 4

Key Contact details – more on the website

Chair: Lesley Sparks chair@mku3a.org

Vice Chair: Tina Two vicechair@mku3a.org

Secretary: Neill Dewar secretary@mku3a.org

Treasurer: Diana Sears treasurer@mku3a.org

Groups Coordinator: Shirley Dewar groups@mku3a.org

Webmaster: Dave Barratt webmaster@mku3a.org

Membership Secretary: Claire Naismith membersec@mku3a.org

Communications Coordinator: Simon Wong comms@mku3a.org

Datum Project: Dave Barratt datum@mku3a.org

Thames Valley Network: Fred Bass tvn@mku3a.org

Members Liaison: Dennis Revell membersliaison@mku3a.org

Assistant Webmaster: Len Barrows assntwebmaster@mku3a.org

Groups Finance Admin: Janet Thompson groupsadmin@mku3a.org

Halls Admin: Sue Giordano hallsadmin@mku3a.org

Open Meetings/Volunteers: Currently vacant volunteers@mku3a.org

Please refer to the website www.mku3a.org for statements concerning **MKU3A Policies and Guidance** on all aspects of our **admission including Data Privacy, Disclaimers and Copyright**.

Office: 11 Winchester Circle, Kingston, Milton Keynes MK10 0BA

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