



milton keynes

university of the third age



October
2019



Open Meeting

Meetings start at 2.30pm and are held at the Oak Tree Centre, Wallinger Drive, Shenley Brook End, Milton Keynes, MK5 7GZ. There is car parking on site, and bus routes 8, 24 & 25 stop on adjacent grid roads.

25 September – The Amber Room – Mike Bartlett

Dubbed the ‘Eighth Wonder of the World’, the Amber Room was one of the great treasures of Russian culture, Russian history and Russian heritage – until Hitler decided he wanted it for himself – and stole it, stone by stone. When, in late 1943, it was decided to dismantle the Amber Room and crate it away, it vanished, never to be found again ... or did it?



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New Members Induction Session

21 October 2019

The next session will be on Monday 21 October, starting at 2pm, and will be held in the Great Linford Parish Office meeting room, next to the Co-op in the Great Linford local centre at 1 St Leger Court, MK14 5HA. The session will outline the background to the U3A movement, explain how to get the best out of your membership with MKU3A, and show you how to use the website and join groups.

If you are a new member - just come along – any queries to Claire Naismith on membersec@mku3a.org or 07425 620167.

Hindu visit for EWF

On Wednesday 6th November there will be a visit to the new Hindu centre in Broughton which opened in January.

For more information please look on the group webpage and contact the group leader if interested in attending.

Linda Morris ewf@mku3a.org.



**Milton Keynes
Hindu Association**

Not Techy. Try Us Out

We meet the second and fourth Thursday of the month from 10am to noon.

We are NOT techy GEEKS, and our topics cover anything from information about 'how to do something in Word or Excel', to 'how to surf the internet safely'; sometimes we talk about Windows 7 to Windows 10 like 'Hints and Tips'.

Our 27th of September meeting was about what to do with our old Win-7 PCs in January 2020 when Win-7 is no longer supported by Microsoft, which is similar to when the old Win-XP was no longer supported.

Our sessions are not too techy; they are constructed in such a manner that the listener can return home and do further research on the topics presented, i.e. an appetiser.

The first hour is normally a presentation of sorts, then we break for coffee, after which the second half is open for discussion and questions.

Why not come and see for yourself? We have plenty of spaces. Normally there is no charge for the first visit, as we want to show what we do rather than make you a member before you know what it's all about.

If this interests you, and you would like further information, please contact our Group Leaser, Marlis Rodio or Sandy Henry by emailing computers@mku3a.org



MKU3A Choir

"The Big Sing", A Friends of Willen Hospice Concert, is being held on **Saturday 12th October** at 7.30pm in the Parish Church Newport Pagnell.

The concert is a joint venture with The Newport Pagnell singers and the U3A choir and proceeds will go to Willen Hospice.

Tickets (£12 for adults, £10 concessions and £5 for children) can be purchased in advance from Camborne Travel in Newport Pagnell or from Janice (U3A) on 07762 178379 though there may still be tickets on the door on the 12th.

Also another date for your diaries:

Friday 13th December is the U3A Christmas Concert at The United Reformed Church in Newport Pagnell at 7.30pm.

Hope to see you at one or both of these events.

Sheila Staincliffe, Joint Group Leader



Design Museum And Museum Of Brands

21 November 2019

Pick up Point: 08.30 hours Milton Keynes Coachway, Coachway Road MK16 0AA

Arrive Design Museum approx 10.15am. **Depart** 13.00 hours

Arrive Museum of Brands. Depart 16.30 hours. **Arrive** Milton Keynes 18.45 hrs approx.

Cost: £23.00 (Includes Entry fee, Coach & driver's tip). All refreshments on the day at own cost.

Cheques for Outings to be payable to MKU3A



Contact: Czesia Eales-Johnson, 2 Selby Grove, Shenley Church End, Milton Keynes MK5 6BW.

Tel 01908 506706 Email: outings@mku3a.org **PAY BY 10 October 2019**

Czesia Eales-Johnson Mobile 07377 628040 for contact on day of outing only

The Design Museum in Kensington, London, covers product, industrial, graphic, fashion and architectural design. The Museum is dedicated to contemporary design in all its forms, from industrial and product design to graphics, fashion and architecture. In 2018 it won the European Museum of the Year Award.

The **Designer Maker User** permanent display is free and features almost 1000 items of twentieth and twenty-first century design viewed through the angles of the designer, manufacturer and user, including a crowdsourced wall.

The **'Designer'** segment of the exhibition explores the ways in which the thought-process of the designer informs projects at every scale, from the smallest to the largest. David Mellor's traffic light, Kinneir and Calvert's British road signage system and a 1:1 scale prototype for the new London tube train designed by PriestmanGoode will be on show.

In the **'Maker'** section, the exhibition traces the evolution of manufacturing, from Thonet bentwood cafe chairs and Model T Ford cars to robotic arms, mass customisation and 3D printing. Everyday objects such as tennis balls and notable designs including the London 2012 Olympic Torch are presented at different stages of production.

A display on the **'User'** section explores the interaction between people and brands that have come to define the modern world including a vinyl player from Dieter Rams, landmark pieces from Sony including the Walkman and the Minidisc, the Apple iPhone and the Olivetti Valentine typewriter; all demonstrating how design has changed how we communicate.

Other free displays are:

Material Innovation: Sustainable textiles presenting Land Rover's new range of premium responsibly sourced interior fabrics.

Made in 1989: Celebrating 30 Years of the Design Museum

Made in 2019: To mark its 30th Anniversary the Design Museum asked leading and upcoming designers to create a commemorative icon using the number 30 as inspiration.

The Sound in Mind: Yuri Suzuki display – Free

You can book in advance or tickets should be available on the day to purchase separately for the following (dependent upon availability):

Beazley Designs of the Year 2018 - £9.50 concession

Play with the interactive Sony Xperia Touch, discover the first 3d-printed electric motorbike and marvel at the original costumes from Oscar-winning film The Favourite

Moving to Mars - £12.00 concession

There is a café on site to get light refreshments e.g. sandwiches, soup etc.

Museum Of Brands

1pm – We get on the coach to be taken to the **Museum of Brands** in London.

They also have a small café which serves teas, coffees, cakes, sandwiches and salads.

The Museum of Brands is a great place for groups looking for an immersive experience of Britain’s iconic brands from OXO to Marmite, and provides insights into over a century of consumer culture.



Design Museum And Museum Of Brands

21 November 2019

Cost £23.00 (Includes entry, coach & driver’s tip)

Booking form and payment should be sent by **10 October 2019** to secure your reservation, dependent on availability.

Name(s):.....

.....

Phone Number:

Mobile Number:.....

Required for contact on the day only

Address:

.....

Email address:

Contact name and telephone number in case of emergency:

.....

No of seats required @ £23.00

Total due: £..... Payable on booking

Pick up Point: MK Coachway, Coachway Road MK16 0AA **08.30 hours**

Depart London at 4.30pm **Arrive** Milton Keynes 6.45 pm approx

Cheques should be made payable to **MKU3A**

The address for booking is Czesia Eales-Johnson 2 Selby Grove, Shenley Church End, Milton Keynes MK5 6BW

Email: outings@mku3a.org

Telephone booking to 01908 506706 will be held for 72hrs pending receipt of the booking form for payment.

Christmas at the American Museum

A visit to The American Museum near Bath has been organised for Thursday, 5 December 2019.

The American Museum takes you on a journey through the history of America from its early settlers to the twentieth century. The only museum of Americana outside of the United States, it was founded to bring American history and culture to the people of Britain and Europe.

Christmas is a special time at the museum. Unique handmade decorations abound throughout the Museum with festive decorations and gift ideas found in the shop.

Most of the period rooms pre-date the celebration of Christmas as we know it today. The displays, therefore, show winter activities that were popular in each period.

The jewel in the crown is the magnificent 17ft Nordmann fir tree that dominates the central hall, smothered with over 1000 lights and bedecked with ornaments that have been handmade by Museum staff members and volunteers.

These trinkets and other handmade decorations that adorn the public spaces of the museum are inspired by a theme that changes each year.

Further details and booking form are attached.

Please book and pay by 11 October 2019.

Czesia Eales-Johnson, 01908 506706, outings@mku3a.org



American Museum Claverton Nr. Bath

Thursday 5 December 2019

Pick Up Point: 8.00am The Coachway Coachway Road MK16 0AA

Coach Company: Marshalls Coaches of Leighton Buzzard

Arrive: American Museum 10.45am (10.45hrs) approx. – dependent on traffic

Tea/Coffee and biscuits on arrival.

Free Flow tour of museum and grounds decorated for Christmas dependent on the period of the room

Lunch: *Made in their own kitchens from American Recipes* – 1pm (13.00 hours)

Choice of Menu: Please delete on the booking form the choice not required

Chicken Pot Pie with herb biscuits and side salad

Roasted Butternut Squash and Halloumi Salad(vegetarian)

Sour Cream Apple Tart.

Depart: American Museum 4.15pm(16.15hrs)

Arrive: The Coachway Milton Keynes 6.45pm(18.45hrs) dependent on traffic

Contact on the Day: Chris Behrendt 07766 026357

Cost: £41.50 includes tea/coffee on arrival, free flow tour of museum and grounds, coach costs and drivers tip.

Cheques should be made payable to MKU3A

The address for booking is Czesia Eales-Johnson, 2 Selby Grove, Shenley Church End, Milton Keynes, MK5 6BW.
Tel 01908 506706

E-mail: outings@mku3a.org **PAY BY: 11 OCTOBER 2019**

This year's Theme ... 'Twas the Night before a Very COLOURFUL Christmas'

The gardens recently underwent a £2M restoration and is the first European commission for Washinton DC based landscape architect Oehme, van Sweden(OvS). Native American shrubs, perennials and bulbs feature heavily, but the garden is designed to work with the steep terrain and enhance the view over the Limpley Stoke Valley an area of outstanding natural beauty.

Accessibility: Large backpacks to be left at reception. Mobility scooters and large electric scooters not allowed in the museum. A 'buggy' can be pre-booked to tour the gardens.

Cost £41.50 includes tea/coffee arrival, free flow tour of the museum and garden, lunch, coach costs and drivers tip.

Booking form and payment should be sent by **11 OCTOBER 2019** to secure your reservation dependent on availability.

Name(s):

Phone Number:

Mobile Number: Required for contact on the day only

Address:

.....

Email Address:

Contact name and telephone number in case of emergency

.....

LUNCH CHOICE: Please delete the one not required

Chicken Pot Pie with Herb Biscuits and Side Salad

Roasted Butternut Squash and Halloumi Salad (vegetarian)

Number of seats required:

Total Due £ Payable on booking

Pick up Point: 8.00am MK Coachway, Coachway Road MK16 0AA

Depart: 4.15pm (16.15hrs) American Museum

Arrive: Milton Keynes 6.45pm(18.45hrs) dependent on traffic

Cheques should be made payable to MKU3A

The address for booking is Czesia Eales-Johnson, 2 Selby Grove, Shenley Church End, Milton Keynes, MK5 6BW.

E-mail: outings@mku3a.org Telephone booking to 01908 506706 will be held for 72 hours pending receipt of booking form and payment.

Thames Valley Network



Christmas Concert by the Brandenburg Singers

Tuesday, 3rd December 2019 at 2.00 pm

St James Church, Sussex Gardens, Paddington,

London W2 3UD

Your Christmas celebrations start here. Our concert, including popular carols, Christmas music, audience participation and seasonal readings, will send you home singing.

Mulled wine and mince pies will be served in the interval and there will be an address on an item of interest.

Bob Porter, Musical Director of the Brandenburg Singers, studied at the Guildhall School of Music and has worked with every major professional orchestra in London.

He is a Freeman of the City of London and is passionate about Choral Music, cricket, red wine and jazz.

The Brandenburg Choir is a rich and experienced group of musicians, drawn from choral societies, gospel choirs, cappella ensembles and chamber singers.

St James Church is the second building on the present site. The foundation stone of the present building was laid in 1882 by Princess Christian of Schleswig-Holstein.

Two years later, Oscar Wilde married Constance Lloyd in the completed church.

During the second world war St James suffered considerable damage and it was reopened in 1958 by the Duchess of Kent.

The present organ is one of the finest in any parish church.

The church is within walking distance of Paddington Main Line and Tube stations

The concert will begin at 2:00 pm and will finish at approximately 4.15pm.

Tickets are £19.50 to include the concert, mulled wine and mince pies.

Please make cheques payable to U3A Thames Valley Network and send with the slip below to:

Paul Booker, 1 Bear Lane, Wallingford OX10 8DR

For further information call 01491 825864 / 07906 308480. paul.i.booker@gmail.com



Name

Phone Number

Email

Please reserve me..... tickets. I enclose a cheque for £.....

I / we are all members of U3A

Signed Date

If you require a receipt please include a SAE, otherwise an acknowledgement will be sent by email. Please bring your receipt / email to the concert as an admission ticket.

MK U3A – Open Meetings 2019

23 OCTOBER – James Gillray: First Ever Political Cartoonist - Ian Keable

Who doesn't love a spot of political satire? But did you know that James Gillray succeeded William Hogarth as the primary satirist of the 18th century, not only taking caricaturing to new heights but also refining the format of the cartoon to one that we are now familiar with? He is now generally accepted as the first, and the greatest, political cartoonist, still revered today by modern cartoonists.

27 NOVEMBER – Moments, Memories and Magic - Vic Bottrill

Do you forget other people's names? Find yourself in one part of the house and wonder why you are there. Put it down to age. Forget it. It happens to young and old alike – but not to everyone. Some mysteries of the brain are revealed. It's truly magic.

MK U3A - Open Meetings 2020

22 JANUARY – Traversa: A Solo Walk Across Africa – Fran Sandham

Serialised in the Sunday Times, this is the account of Fran Sandham's 3,000-mile solo walk coast to coast across Africa (from the Atlantic on Namibia's Skeleton Coast to the Indian Ocean at Zanzibar), the first time in history anyone has crossed Africa solo entirely on foot by this route – or at least solo apart from a disastrous donkey.

26 FEBRUARY – A sense of everyday life in ancient Rome' – Eleanor Betts

Some of us will be familiar with Eleanor Betts, author, lecturer and BBC presenter of '*What did the Ancients do for us?*'

Today Eleanor will be our guide to an ancient Rome that many never hear about: The roar of the crowd, the smell of cooked sausages, the taste of wine... What was it like to experience everyday life in ancient Rome?

This talk will encourage us to imagine we are walking in the footsteps of Rome's urban populace. Combining description with archaeological evidence, Eleanor will aim to recreate a fully sensory experience of the hustle and bustle of the city in the first century CE.

25 MARCH – ANNUAL GENERAL MEETING

22 APRIL – The Plague Doctor - David Bell

Described by other U3A members as side splittingly funny, David Bell makes no apology for his tongue-in-cheek recounting of the Eyam plague story. For a fascinating hour you will be seduced in a uniquely amusing fashion into a world where both medical diagnosis and treatment were equally outrageous. A world you would want to avoid . . . like the plague.

Laugh out loud as David confronts a party of German tourists; wince as he extracts a bladder stone and demonstrates other outrageous early treatments.

27 MAY – Funny Fellas – the lives and work of Ronnie Barker & Ronnie Corbett – Tricia Thompson

This fun talk looks at the lives and careers of Ronnie Barker & Ronnie Corbett both separately together. It is richly illustrated with music and video.

24 JUNE – 'Bowel cancer awareness talk' – Kathryn Vizor

During the talk we will learn important facts about bowel cancer. The talk will cover:

Signs and symptoms – learn about the five most common symptoms

Risk factors – discover what increases your risk

Prevention – get information on how to reduce your risk

Bowel cancer screening – learn about the NHS bowel screening programme and the importance of taking part

22 JULY – Photography as Art - Karen Thurmanovich

Karen will explore how movements in the photographic world mirrored movements in the art world in general, especially starting in the 1920s. This will be followed by a discussion about photography as art and the role that



photographic art plays in social change

23 SEPTEMBER –Dogs for Good – Yasmin Smith



Following her hugely successful insights into the work of *Dogs for Good* in 2019, we catch up with the sterling work of Yasmin and her dog Suki, one year on...

28 OCTOBER – National Energy Foundation - Emma Brooks

Keep Warm MK has joined forces with the National Energy Foundation, a charity committed to improving energy use in buildings. Our speakers will discuss the latest range of energy and money saving measures including extra support for those who need it most during a power cut or loss of gas supply.

25 NOVEMBER – The Voice of the 20th Century – The life and music of Frank Sinatra

- Tricia Thompson

This biographical talk about the life and music of Frank Sinatra follows his career from its earliest days until his death. Illustrated with lots of songs

MK U3A - Making Changes to your Personal Details

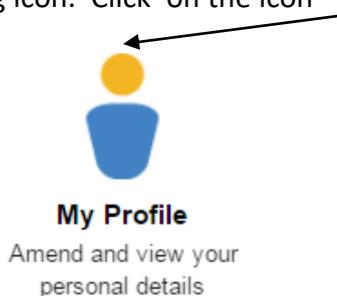
Open the MK U3A website (mku3a.org)

Login to the site. (If you haven't set your login password yet please see the instructions on the LOGIN page.)

Once you are logged in 'click' on the Control Panel icon top right of screen



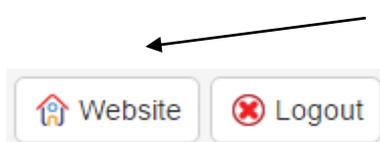
This will open a page showing the following icon. 'Click' on the icon



You will now open a page showing your personal profile. This is where you can change your contact details and add an emergency contact. **This is extremely important in cases of accident or emergency.** Make any changes necessary and 'click' **Save Changes** top or bottom right of profile screen.



You now have two options – Returning to the Website or to Logout. Top right of screen. Select the appropriate icon.



Open Meeting - IT Help Desk

There is normally an opportunity both before and after the Open Meetings to seek assistance with IT problems and using the MK U3A website, including setting up your login and password and updating your personal profile.

When available it's offered before the meeting from 2:00pm and after the meeting until 4:15pm but please check the Open Meeting confirmation email to confirm it will be available on the day.

Free Wi-Fi is available at the venue.



Sing for joy

I extend an invitation to anyone who wants to come to a monthly Sing for Joy - on the last Thursday of each month, 7.30-9.30pm in one of the rooms at the Camphill Chrysalis theatre.

Usually 8 -15 people come for singing popular, new, old and seasonal songs and rounds. It is open to all adults of the public although the Camphill residents do not come since I have another singing time with them.

Certainly there are no auditions, and sight-reading music is not at all necessary.

It is an evening for those who don't want to commit to a choir or even feel they don't sing particularly well but want to just sing for the pleasure of making a happy sound with other people.

We have been going for quite a few years at this point! Some people have been steadily coming over the years and some drop in and out, and that is fine.



We have a refreshment (biscuits and juice) break mid-way in the evening. The requested £5 per person contributes to paying for that, the use of the room in Camphill and paper copies for the lyrics.

If interested, please contact: Joan Harris, 01908 968161 or e-mail: joan_harris@hotmail.com

Music That Is Neither Serious Nor Solemn

Several of our MKU3A members sing with the Danesborough Chorus, a highly regarded local choral society.

On Saturday 9th November at 7.30pm you can hear them perform, along with several professional soloists, in the lovely setting of Woburn Parish Church.

The main item on the programme will be Rossini's 'Petite Messe Solonnelle', which is neither small nor solemn: it is a cheerful, inspiring work by a composer better known for his operas such as 'William Tell' and 'The Barber of Seville', and who once said "Every kind of music is good, except





the boring kind” ... We promise you will not be bored!

Tickets: £20 - £15 - £10 (£5 for under18s) on the door, or book via our Box Office telephone 01908 583460.



Free Prostate Cancer Tests

In association with the Graham Fulford Charitable Trust



MEN – Come for a free blood test!

LADIES – Bring your male relatives and friends!

All are welcome – no need to book

Sunday 13th October 2019 10:00 am – 1:00 pm

at

Windmill Hill Golf Club, Tattenhoe Lane, Bletchley MK3 7RB

There is no charge for admission or for the testing, but as each test costs about £16 we welcome voluntary donations to help fund the event.

For more information visit www.prostatemk.org or send us an email on info@prostatemk.org. Alternatively, you can call Sam Younan (07874 019867) or Martin Bell (01280 848329).

Prostate Cancer is the most common cancer for men. MK Prostate Cancer Support supports people in Milton Keynes and its surrounding areas who are affected by prostate cancer or other prostate problems.

We encourage men to get themselves checked for early diagnosis. PSA (prostate specific antigen) blood tests are useful to get early indications of prostate cancer that will help to facilitate successful treatment.



Key Contact details – more on the website

Chair: Lesley Sparks chair@mku3a.org

Vice Chair: Tina Two vicechair@mku3a.org

Secretary: Neill Dewar secretary@mku3a.org

Treasurer: Diana Sears treasurer@mku3a.org

Groups Coordinator: Shirley Dewar groups@mku3a.org

Webmaster: Dave Barratt webmaster@mku3a.org

Membership Secretary: Claire Naismith membersec@mku3a.org

Communications Coordinator: Simon Wong comms@mku3a.org

Datum Project: Dave Barratt datum@mku3a.org

Thames Valley Network: Fred Bass tvn@mku3a.org

Members Liaison: Dennis Revell membersliaison@mku3a.org

Assistant Webmaster: Len Barrows asntwebmaster@mku3a.org

Groups Finance Admin: Janet Thompson groupsadmin@mku3a.org

Halls Admin: Sue Giordano hallsadmin@mku3a.org

Open Meetings/Volunteers: Currently vacant volunteers@mku3a.org

Please refer to the website www.mku3a.org for statements concerning **MKU3A Policies and Guidance** on all aspects of our **admission including Data Privacy, Disclaimers and Copyright**.

Office: 11 Winchester Circle, Kingston, Milton Keynes MK10 0BA

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